



Would You Like to Learn How to Conduct Family Meetings?

Are you tired of constant family arguments?

Are you tired of feeling as if your family is disconnected?

Are you tired of your family not knowing the schedule for the week?

Then perhaps Family Meetings are for you! Participants will learn how to conduct effective family meetings that will benefit all family members and encourage cohesiveness. Family Meetings have been shown to increase family members' self-esteem, communication & conflict resolution skills, and instill a sense of belonging & resilience.

When: Wednesdays, beginning November 9th, 2022

What: 6 weekly, 45 minute Google Meet sessions from 12:00 - 12:45

How: Attend weekly interactive meetings with camera on & ready to participate!

Cost: FREE and limited to 6 families

Dr. Tara Morgan will share with parents/guardians:

- Why family meetings are helpful
- How to prepare for a family meeting
- Different types of meetings & how to conduct a meeting

After the introductory sessions, parents/guardians will be encouraged to start family meetings at home and come to the group ready to share their experience with everyone and receive feedback and guidance from Dr. Tara Morgan.



Scan to register

About the presenter: Dr. Tara S. Morgan was a school counselor for 17 years. She also has a Ph.D in Counselor Education & Practice from Georgia State University. As part of her role as a school counselor she trained teachers to conduct classroom meetings and taught parent education classes. She has also been utilizing weekly family meetings with her own family for about 10 years and has previously taught this course for Decatur City Schools.